2 Video: Teen Snapshot

Before You Watch

1. **Complete the chart with the phrases.**

eating healthy food eating junk food having good study habits
~~saving money~~ spending too much money staying up too late

Good habits	Bad habits
saving money	

Comprehension Check

2. **Watch the Teen Snapshot. Check (✓) the correct name.**

1. He forgets to take out the garbage.
   a. Akshay ☑ b. Daniel ☐ c. James ☐
2. His bad habit is spending too much money.
   a. Akshay ☐ b. Daniel ☐ c. James ☐
3. He starts things and doesn't finish them.
   a. Akshay ☐ b. Daniel ☐ c. James ☐
4. She wants to start taking zumba classes.
   a. Dominika ☐ b. Sumner ☐ c. Lauren ☐
5. She stays up too late and leaves things to the last minute.
   a. Dominika ☐ b. Sumner ☐ c. Lauren ☐
6. Her bad habit is eating too much junk food.
   a. Dominika ☐ b. Sumner ☐ c. Lauren ☐

3. **Watch the Teen Snapshot again. Choose the correct answers.**

1. I always forget to take out the garbage **on the weekends** / **in the evening**.
2. I don't spend enough time **on exercise** / **getting enough sleep**.
3. One of my bad habits is **saving** / **spending** too much money.
4. Some of my bad habits include **staying up too late** / **being lazy**.
5. I plan to find my old projects and **start** / **finish** them.
6. My bad habits are eating too much **junk food** / **healthy food**.

About You!

4. **Complete the statements so that they are true for you.**

My bad habits are _____ and _____.

I plan to change them by _____.

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